



NC Preschool Pyramid Model (PPM) Project Resources

For Coaches and Leadership Team

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Classroom Material

Kaplan Early Learning Company

[Daily Schedule Chart](#)

[Time Tracker](#)

[Time Tracker Mini](#)

[Time Timer Plus](#)

[Activity Timer](#)

[8" Time Timer](#)

[Emotions Memory and Match Set](#)

[Promoting Resilience in Preschoolers: A Strategy Guide for Early Childhood Professionals](#)

[Socially Strong, Emotionally Secure](#)

[Catching Them At It](#)


[Turtle Puppet](#)

[Turtle Hand Puppet](#)

[Body Poetry: Yoga Cards](#)

[Yoga CD](#)

[Brain Boogie Boosters](#)



[Mood Mirrors](#)
[All About Me Mirrors](#)
[Giant Emotion Stamps](#)
[Flower Feelings Learning Kit](#)
[Emotions Puzzle Set](#)
[Emotion Stones - Set of 12](#)
[I'm In Control of Myself Book Set - Paperback](#)

Discount School Supply

[Excellerations® Moods & Emotions Classroom Set](#)
[All About Me Posters - Set of 30](#)
[Craft Stick Faces - Set of 20](#)
[Excellerations® Infant Photo Cubes with Mirror - Set of 3](#)
[Jumbo Classroom Sand Timer - 3 minutes](#)
[Jumbo Classroom Timers, Set of 3](#)
[Jumbo Emotion Stones - Set of 8](#)

Lakeshore Learning


[Best Behavior Board Book Collection](#)
[Moods & Emotions Poster Pack](#)
[Let's Talk! Conversation Starters](#)
[Moods & Emotions Puzzle Set](#)
[Moods & Emotions Mirrors](#)
[Feelings & Emotions Washable Dolls](#)
[Feelings & Emotions Paperback Library](#)
[Learning to Get Along Picture Book Set](#)
[Moods & Emotions Book Set](#)

Constructive Playthings

[Emotions Tray Puzzles](#)
[Learning To Get Along® Resource Library Sets](#)

Conscious Discipline

[Conscious Discipline Book - Expanded and Updated](#)
[Songs for I Love You Rituals Vol. 1](#)
[Songs for I Love You Rituals Vol. 2](#)
[Feeling Buddies Self-Regulation Toolkit \(English\)](#)
[Feeling Buddies Self-Regulation Toolkit \(Bilingual\)](#)
[I Choose Self-Control Board](#)
[Calming Pillow Set](#)
[Skills on a String](#)
[Stress Star](#)
[It Starts in the Heart \(Digital or CD\)](#)
[Listen to Your Feelings \(Digital or CD\)](#)
[Kindness Counts \(Digital or CD\)](#)
[Come Join the Circle: Lessons Songs for Peacemaking](#)
[Shubert Series and Puppet Value Pack](#)
[Shubert Series Value Pack](#)



Committee for Children

[Second Step Early Learning Classroom Kit](#)

[Second Step Early Learning Poster and Card Pack](#)

[Second Step Early Learning Feelings Cards](#)

[Second Step Early Learning Join In and Sing CD](#)

Children's Books from CSEFEL Book Nook arranged by Social Skill

Friends

A Rainbow of Friends by P.K. Hallinan (Ages 4-8)

Best Friends by Charlotte Labaronne (Ages 3-5)

Can You Be a Friend? by Nita Everly (Ages 3-6)

Can You Talk to Your Friends? by Nita Everly (Ages 3-6)

Care Bears Caring Contest by Nancy Parent (Ages 3-6)

Care Bears The Day Nobody Shared by Nancy Parent (Ages 3-6)

Fox Makes Friends by Adam Relf (Ages 3-5)

Gigi and Lulu's Gigantic Fight by Pamela Edwards (Ages 3-7)

Heartprints by P.K. Hallinan (Ages 3-6)

How Do Dinosaurs Play with Their Friends by Jane Yolen and Mark Teague (Ages 3-5)

How to be a Friend by Laurie Krasny Brown and Marc Brown (Ages 4-8)

Hunter's Best Friend at School by Laura Malone Elliot (Ages 4-7)

I'm a Good Friend! by David Parker (Ages 3-5)

I Can Share by Karen Katz (Ages infant-5)

I Can Cooperate! by David Parker (Ages 3-5)

I am Generous! by David Parker (Ages 2-5)

I'm Sorry by Sam McBratney (Ages 4-7)

It's Hard to Share My Teacher by Joan Singleton Prestine (Ages 5-6)

Jamberry by Bruce Degan (Ages 2-5)

Join In and Play by Cheri Meiners (Ages 3-6)

The Little Mouse, The Red Ripe Strawberry, and The Big Hungry Bear by Don & Audry Wood (Ages 2-5)

Making Friends by Fred Rogers (Ages 3-5)

Making Friends by Janine Amos (Ages 4-8)

Matthew and Tilly by Rebecca C. Jones (Ages 4-8)

Mine! Mine! Mine! By Shelly Becker (Ages 3-5)

Mine! A Backpack Baby Story by Miriam Cohen (Ages infant-2)

My Friend Bear by Jez Alborough (Ages 3-8)

My Friend and I by Lisa John-Clough (Ages 4-8)

One Lonely Sea Horse by Saxton Freymann & Joost Elffers (Ages 4-8)

Perro Grande...Perro Pequeno/Big Dog...Little Dog by P.D. Eastman (Ages 4-8)

The Rainbow Fish by Marcus Pfister (Ages 3-8)

Share and Take Turns by Cheri Meiners (Ages 5-8)

Sharing How Kindness Grows by Fran Shaw (Ages 3-5)

The Selfish Crocodile by Faustin Charles and Michael Terry (Ages 4-7)

Simon and Molly plus Hester by Lisa Jahn-Clough (Ages 5-8)

Sometimes I Share by Carol Nicklaus (Ages 4-6)



Strawberry Shortcake and the Friendship Party by Monique Z. Sephens (Ages 2-5)
Sunshine & Storm by Elisabeth Jones (Ages 3-5)
Talk and Work it Out by Cheri Meiners (Ages 3-6)
That's What a Friend Is by P.K. Hallinan (Ages 3-8)
We Are Best Friends by Alike (Ages 4-7)

Accepting Different Kinds of Friends

And Here's to You by David Elliott (Ages 4-8)
Big Al by Andrew Clements (Ages 4-8)
The Brand New Kid by Katie Couric (Ages 3-8)
Chester's Way by Kevin Henkes (Ages 5-7)
Chrysanthemum by Kevin Henkes (Ages 4-8)
Franklin's New Friend by Paulette Bourgeois (Ages 5-8)
Horace and Morris But Mostly Dolores by James Howe (Ages 4-8)
I Accept You as You Are! by David Parker (Ages 3-5)
It's Okay to Be Different by Todd Parr (Ages 3-8)
Margaret and Margarita by Lynn Reiser (Ages 5-8)

General Feelings

ABC Look at Me by Roberta Grobel Intrater (Ages infant-4)
“*Baby Faces*” books (most are by Roberta Grobel Intrater) (Ages infant-4)
Baby Faces by Margaret Miller (Ages infant-3)
Baby Senses Sight by Dr. S. Beaumont (ages infant -3)
Can You Tell How Someone Feels? (Early Social Behavior Book Series) by Nita Everly (Ages 3-6)
Double Dip Feelings by Barbara Cain (Ages 5-8)
The Feelings Book by Todd Parr (Ages 3-8)
Feeling Happy by Ellen Weiss (Ages infants -3)
Glad Monster, Sad Monster by Ed Emberley & Anne Miranda (Ages infant-5)
The Grouchy Ladybug by Eric Carle (Ages 1-6)
The Pout Pout Fish by Deborah Diesen (Ages 3-5)
The Three Grumpies by Tamra Wight (Ages 4-8)
Happy and Sad, Grouchy and Glad by Constance Allen (Ages 4-7)
How Are You Peeling: Foods with Moods/Vegetal como eres: Alimentos con sentimientos by Saxton Freymann (Ages 5-8)
How Do I Feel? by Norma Simon (Ages 2-7)
How Do I Feel? Como me siento? by Houghton Mifflin (Ages infant-4)
How I Feel Proud by Marcia Leonard (Ages 2-6)
How I Feel Silly by Marcia Leonard (Ages 2-6)
How Kind by Mary Murphy (ages 2-5)
I Am Happy by Steve Light (Ages 3-6)
If You're Happy and You Know it! by Jane Cabrera (Ages 3-6)
Little Teddy Bear's Happy Face Sad Face by Lynn Offerman (a first book about feelings)
Lizzy's Ups and Downs by Jessica Harper (Ages 3-9)
My Many Colored Days by Dr. Seuss (Ages 3-8)
On Monday When It Rained by Cheryl Kachenmeister (Ages 3-8)
Proud of Our Feelings by Lindsay Leghorn (Ages 4-8)
See How I Feel by Julie Aigner-Clark (Ages infant-4)



Sometimes I Feel Like a Storm Cloud by Lezlie Evans (Ages 4-8)
Smudge's Grumpy Day by Miriam Moss (Ages 3-8)
The Way I Feel by Janan Cain (Ages 4-8)
Today I Feel Silly & Other Moods That Make My Day by Jamie Lee (Ages 3-8)
The Way I Feel by Janan Cain (Ages 3-6)
What Makes Me Happy? by Catherine & Laurence Anholt (Ages 3-6)
What I Look Like When I am Confused/Como me veo cuando estoy confundido (Let's Look at Feeling Series) by Joanne Randolph (Ages 5-8)
When I Feel Frustrated by Marcia Leonard (Ages 2-6)
When I Feel Jealous by Marcia Leonard (Ages 2-6)feelings)
Lizzy's Ups and Downs by Jessica Harper (Ages 3-9)
My Many Colored Days by Dr. Seuss (Ages 3-8)
On Monday When It Rained by Cherryl Kachenmeister (Ages 3-8)
Proud of Our Feelings by Lindsay Leghorn (Ages 4-8)
See How I Feel by Julie Aigner-Clark (Ages infant-4)
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When I Feel Frustrated by Marcia Leonard (Ages 2-6)
When I Feel Jealous by Marcia Leonard (Ages 2-6)

Happy Feelings

Amadeus is Happy by Eli Cantillon (Ages 2-5)
Feeling Happy by Ellen Weiss (ages 2-5)
If You're Happy and You Know it! by David Carter (Ages 2-6)
If You're Happy and You Know It by Scholastic/Taggies book (Ages infant-2)
The Feel Good Book by Todd Parr (Ages 3-6)
Peekaboo Morning by Rachel Isadora (Ages 2-5)
When I Feel Happy by Marcia Leonard (Ages 2-6)
"What Went Right Today?" by Joan Buzick and Lindy Judd (Ages 3 – 8)

Sad Feelings

Let's Talk About Feeling Sad by Joy Wilt Berry (Ages 3-5)
Franklin's Bad Day by Paulette Bourgeois & Brenda Clark (Ages 5-8)
How I Feel Sad by Marcia Leonard (Ages 2-6)
Hurty Feelings by Helen Lester (Ages 5-8)
Knuffle Bunny by Mo Willems (Ages 3-6)
Sometimes I Feel Awful by Joan Singleton Prestine (Ages 5-8)
The Very Lonely Firefly by Eric Carle (Ages 4-7)
When I'm Feeling Sad by Trace Moroney (Ages 2-5)
When I Feel Sad by Cornelia Maude Spelman (Ages 5-7)

Angry or Mad Feelings



Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst (Ages 4-8)

Andrew's Angry Words by Dorothea Lackner (Ages 4-8)

Bootsie Barker Bites by Barbara Bottner (Ages 4-8)

The Chocolate Covered Cookie Tantrum by Deborah Blementhal (Ages 5-8)

How I Feel Frustrated by Marcia Leonard (Ages 3-8)

How I Feel Angry by Marcia Leonard (Ages 2-6)

Llama Llama Mad at Mama by Anna Dewdney (Ages 2-5)

Sometimes I'm Bombaloo by Rachel Vail (Ages 3-8)

That Makes Me Mad! by Steven Kroll (Ages 4-8)

The Rain Came Down by David Shannon (Ages 4-8)

When I'm Angry by Jane Aaron (Ages 3-7)

When I'm Feeling Angry by Trace Moroney (Ages 2-5)

When I Feel Angry by Cornelia Maude Spelman (Ages 5-7)

When Sophie Gets Angry – Really, Really Angry by Molly Garrett (Ages 3-7)

Lily's Purple Plastic Purse by Kevin Henkes (Ages 4-8)

Scared or Worried Feelings

Creepy Things are Scaring Me by Jerome and Jarrett Pumphrey (Ages 4-8)

Franklin in The Dark by Paulette Bourgeois & Brenda Clark (Ages 5-8)

How I Feel Scared by Marcia Leonard (Ages 2-6)

I Am Not Going to School Today by Robie H. Harris (Ages 4-8)

No Such Thing by Jackie French Koller (Ages 5-8)

Sam's First Day (In multiple languages) by David Mills & Lizzie Finlay (Ages 3-7)

Sheila Rae, the Brave, by Kevin Henkes (Ages 5-8)

Wemberly Worried by Kevin Henkes (Ages 5-8)

When I'm Feeling Scared by Trace Moroney (Ages 2-5)

When I Feel Scared by Cornelia Maude Spelman (Ages 5-7)

Caring About Others and Empathy

Bear Feels Sick by Karma Wilson and Jane Chapman (Ages 3-5)

Can You Tell How Someone Feels by Nita Everly (ages 3-6)

Understand and Care by Cheri Meiners (Ages 3-6)

When I Care about Others by Cornelia Maude Spelman (Ages 5-7)

Problem Solving

Don't Let the Pigeon Drive the Bus by Mo Willems (Ages 2-7)

Don't Let the Pigeon Stay Up Late! by Mo Willems (Ages 2-7)

I Did It, I'm Sorry by Caralyn Buehner (Ages 5-8)

It Wasn't My Fault by Helen Lester (Ages 4-7)

Talk and Work it Out by Cheri Meiners (Ages 4-8)

Self Confidence


ABC I like Me by Nancy Carlson (Ages 4-6)

Amazing Grace by Mary Hoffman (Ages 4-8)

Arthur's Nose, by Marc Brown (Ages 3-8)

The Blue Ribbon Day by Katie Couric (Ages 4-8)

Can You Keep Trying by Nita Everly (Ages 3-6)




I Can Do It Myself (A Sesame Street Series) by Emily Perl Kingsley (Ages 2-4)
I'm in Charge of Me!, by David Parker (Ages 3-5)
I am Responsible!, by David Parker (Ages 3-5)
The Little Engine that Could by Watty Piper (Ages 3-7)
Susan Laughs by Jeanne Willis (Ages 4-7)
Too Loud Lilly by Sophia Laguna (Ages 4-7)
Try and Stick With It by Cheri Meiners (Ages 4-8)
26 Big Things Little Hands Can Do by Coleen Paratore (Ages 1-6)
The Very Clumsy Click Beetle by Eric Carle (Ages 3-7)
Whistle for Willie/Sebale a Willie by Erza Jack Keats (Ages 4-7))
You Can Do It, Sam by Amy Hest (Ages 2-6)

Good Behavior Expectations

Can You Listen with Your Eyes? by Nita Everly (Ages 3-6)
Can You Use a Good Voice? by Nita Everly (Ages 3-6)
David Goes to School by David Shannon (Ages 3-8)
David Gets in Trouble by David Shannon (Ages 3-8)
Excuse Me!: A Little Book of Manners by Karen Katz (Ages infant-5)
Feet Are Not for Kicking (available in board book) by Elizabeth Verdick (Ages 2-4)
Hands are Not for Hitting (available in board book) by Martine Agassi (Ages 2-8)
Hands Can by Cheryl Willis Hudson (ages 1-5)
I Tell the Truth! by David Parker (Ages 3-5)
I Show Respect! by David Parker (Ages 3-5)
Know and Follow Rules by Cheri Meiners (Ages 3-6)
Listen and Learn by Cheri Meiners (Ages 3-6)
No Biting by Karen Katz (Ages infant-5)
No David by David Shannon (Ages 3-8)
No Hitting by Karen Katz (Ages infant-5)
Please Play Safe! Penguin's Guide to Playground Safety by Margery Cuyler (Ages 2-5)
26 Big Things Small Hands Can Do by Coleen Paratore (Ages 3-5)
Quiet and Loud by Leslie Patricelli (Ages 1-3)
Words Are Not for Hurting by Elizabeth Verdick (Ages 3-6)

Family Relationships

Are You My Mother? by P.D. Eastman and Carlos Rivera (Ages infant-5)
Baby Dance by Ann Taylor (Ages infant-4)
Because I Love You So Much by Guido van Genechten (Ages 2-5)
Counting Kisses by Karen Katz (Ages infant-5)
Full, Full, Full of Love by Trish Cooke (Ages 4-6)
Don't Forget I Love You by Mariam Moss (Ages 2-7)
Guess How Much I Love You By Sam McBratney (Ages infant-5)
Guji Guji by Chih-Yuan Chen (Ages 5-8)
How Do I Love You? by P.K. Hallinan (Ages infant-5)
I Love it When You Smile by Sam McBratney (Ages 3-5)
I Love You All Day Long by Francesca Rusackas (Ages 3-5)
I Love You: A Rebus Poem, by Jean Marzollo (Ages 1-6)
I Love You the Purplest, by Barbara M. Joose (Ages 4-8)
I Love You Through and Through by Bernadette Rossetti-Shustak (Ages 1-5)



The Kissing Hand by Audrey Penn (Ages 3-8)
Koala Lou By Mem Fox (Ages 4-7)
Mama, Do You Love Me?/Me quieres, mama? By Barbara Joose (Ages 3-6)
More, More, More, Said the Baby: Three Love Stories By Vera B. Williams Morrow
(Ages infant-3)
No Matter What by Debi Gliori (Ages 2-5)
Owl Babies by Martin Waddell (Ages 3-7)
Please, Baby, Please by Spike Lee (Ages infant-5)
Te Amo Bebe, Little One by Lisa Wheeler (Ages infant-3)
You're All My Favorites by Sam Mc Bratney (Ages 5-7)

Bullying/Teasing

A Weekend with Wendell, by Kevin Henkes (Ages 4-8)
The Berenstain Bears and the Bully by San and Jan Berenstain (Ages 4-7)
Big Bad Bruce by Bill Peet (Ages 4-8)
Chester's Way by Kevin Henkes (Ages 5-7)
Coyote Raid in Cactus Canyon J. Arnosky (Ages 4-8)
Gobbles! By Ezra Jack Kets (Ages 4-8)
Hats by Kevin Luthardt (Ages 3-6)
Hooway for Wodney Wat! by Helen Lester (Ages 5-8)
Hugo and the Bully Frogs by Francesca Simon (Ages 3-7)

Grief and Death

The Fall of Freddie the Leaf by Leo Buscaglia (Ages 5-adult)
Goodbye Mousie by Robert Harris (Ages 3-8)
I Miss You by Pat Thomas (Ages 4-8)
The Next Place by Warren Hanson (Ages 5-adult)
Sad Isn't Bad: Grief Guidebook for Kids Dealing with Loss Series by Michaelene Mundy (Ages 5-8)